



# JANICE GARBOLINO MEMORIAL 5K RUN/WALK

Saturday, September 15, 2018  
Benefiting the LIVESTRONG® at the  
YMCA Program



**LIVESTRONG®**

**AT THE YMCA**

### Entry fees (Ages 13 & over):

**Pre-registration:** \$30 through noon 9/14

**Race day registration:** \$40 beginning at 7:30 a.m.

**Children 12 & Under:** \$15 Pre-Reg or \$20 Race Day

Entering as a member of a team? Please indicate team name on entry form.

Visit [www.ymcaofmews.org](http://www.ymcaofmews.org) for more information on fundraising and 5K sponsorship opportunities.

As a nonprofit organization, the YMCA of Metuchen, Edison, Woodbridge and South Amboy never turns anyone away from membership who needs us. Donations help us to continue to keep that promise. All donations remain local and support programs like LIVESTRONG.  
[www.ymcaofmews.org/Give](http://www.ymcaofmews.org/Give)

All proceeds from the Janice Garbolino Memorial 5K Run/Walk support the LIVESTRONG® at the YMCA program, a free physical activity and wellness program for cancer survivors. We invite you to join us for this inspirational event on Saturday, September 15 at Roosevelt Park in Edison, NJ. Together we are so much stronger.

**Onsite Registration:** 7:30 a.m.

**5k Run/Walk:** 8:30 a.m.

At Lakeview School

**Post-Race Awards:** 9:30 a.m.

**Awards:** Top finishers in each age group (top 3)

Certified 5K course

Purple t-shirt and a finisher medal to all pre-registrants. Children 12 & under will receive a cape instead of a t-shirt!

### Janice Garbolino Memorial 5K Run/Walk

Last Name \_\_\_\_\_ First Name \_\_\_\_\_ Male  Female

Address \_\_\_\_\_ City/State/Zip \_\_\_\_\_ Date of Birth \_\_\_\_\_ Age on Race Day \_\_\_\_\_

Email \_\_\_\_\_ Phone \_\_\_\_\_ T-shirt Size S M L XL XXL

I am a cancer survivor. Y N Are you interested in learning more about the LIVESTRONG® YMCA Program? Y N

Emergency Contact \_\_\_\_\_ Phone \_\_\_\_\_ Team Name (not required) \_\_\_\_\_

Feel free to dress alike!

I would like to make an additional DONATION of \$\_\_\_\_\_ to support the Janice Garbolino 5K Run/Walk

Total Fee Enclosed \$\_\_\_\_\_ (Checks payable to YMCA of MEWSA, 65 High St., Metuchen, NJ 08840)

If paying by credit card, please register online at [www.ymcaofmews.org](http://www.ymcaofmews.org) or at the YMCA Welcome Center.

I, the undersigned, do hereby, for myself, for my heirs, executors, and assigns, waive, release and forever discharge any rights or claims for damages, which I or my child have or hereafter accrue to me against the YMCA of Metuchen, Edison, Woodbridge & South Amboy for injuries or damages which may be sustained or suffered by my child or me in connection with, association with or participation in the 5K Run/Walk. I acknowledge that my child has been examined by a licensed physician and deemed fit to participate in this event. I further authorize emergency treatment of me or my child in the best interest and protect the life, health and well being of the above named person. I authorize the use of the above named persons names, photographs and records of this event for any legitimate purpose.

Signature \_\_\_\_\_ Date \_\_\_\_\_ (if under the age of 18, a parent or guardian's signature is required)