# BROOKSTRIDERS

# **5K & FUN RUN**

## WHERE

**Brookside Place School** Cranford, NJ Flat Route thru Nomahegan Park

#### WHEN

8:00am - Registration 9:30am - 1 Mile Fun Run 10:00am - 5K Run/Walk

## WHY

To promote an active healthy lifestyle in our children

## **SCORING**

www.eliteracing.com

#### ONLINE REGISTRATION

**SUNDAY MAY 22, 2011** CRANFORD, NJ

#### **AWARDS**

Top 3 overall Male & Female

Age Group Awards in 10 year increments

> Ribbons for all **Fun Runners**

# **AMENITIES**

DJ Music

T-shirts to all pre-registrants and all others while supplies last

Post race food and refreshments INFORMATION AND TO VOLUNTEER (908) 272-5248 brookstriders@gmail.com www.raceforum.com/brookstriders Make Checks Payable to: Brookstriders 5k Mail To: Brookstriders 5k, 700 Brookside Place, Cranford, NJ 07016 \_5K \$20 by 5/15 \_\_\_\_\_5K \$25 after 5/15 \_\_\_\_\_Fun Run \$10 by 5/15 \_\_\_\_Fun Run \$15 after 5/15 Family discount. If you are registering 3 or more from the same family at the same time, we offer a discount of 10% on all of the entries.In order to be elligible all forms & payment must be mailed in together by 5/8. There will be no race day discounts. I am unable to participate but would like to make a donation of\_\_\_\_\_ Adult T-Shirt Size \_\_\_\_\_S \_\_\_\_M \_\_\_\_L \_\_\_XL Kids T-Shirt Size \_\_\_\_\_YS \_\_\_\_YM \_\_\_\_YL Last Name Date of Birth \_\_\_\_\_City\_\_\_\_\_State\_\_\_\_Zip\_\_\_\_ Street\_\_\_ \_\_Age on Race Day\_\_\_\_\_E-Mail\_\_\_\_

WAIVER/RELEASE: 1, the undersigned in consideration for running/walking in the Brookside Place Brookstride, for myself, my heirs, assigns and personal representatives, hereby waive, release and promise not to sue the Cranford Township Public Schools, race directors, all sponsors, and the officers, agents and employees of those entities for any injury or damage I suffer as a result of my participation in this event. I realize and assume the risks involved in running/walking in an event of this length and nature, and those involved in running/walking on public roads with vehicular traffic and other runners, and those involved with running/walking on trails and uneven surfaces, water, snow, i.e., or small debris. I certify that I have properly trained for the event and that I will run/walk it on foot without wearing headphones. I understand that in signing this waiver and release I am giving up valuable rights, this it is not possible to know what damage I might suffer. I am releasing the above named entities from all responsibility or liability. I have read this waiver and release and am signing with full understand of its full meaning and knowing it is a binding legal document.





Parent/Guardian (if a minor) Date



