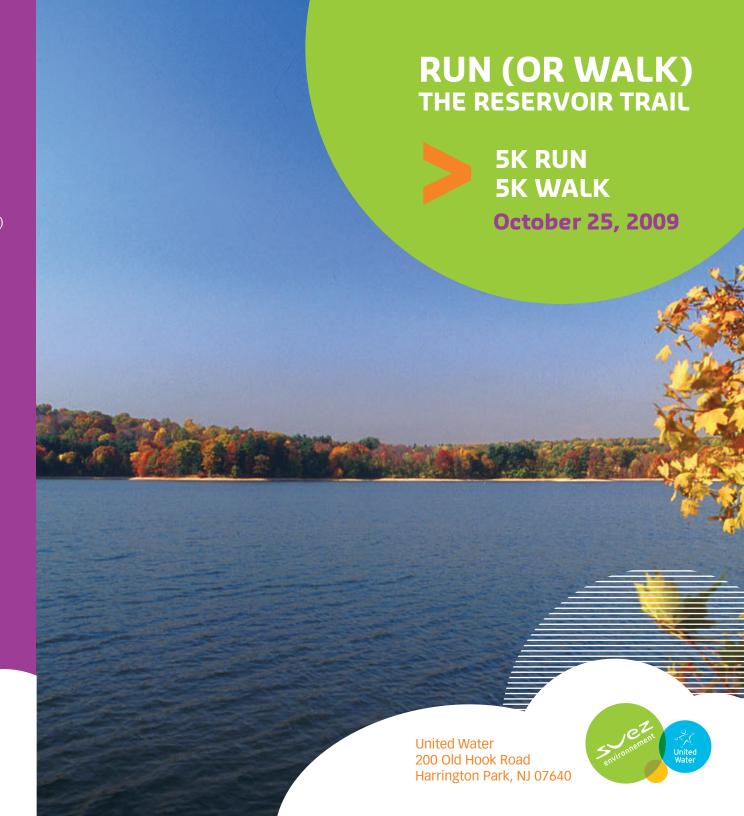
WELCOME!

To register:

Complete the application and mail with your check (made payable to Hackensack University Medical Foundation) 200 Old Hook Road Harrington Park, NJ 07640





Name

RUN (OR WALK) THE RESERVOIR 5K

October 25, 2009

1401110	
Address	
	Cell Phone # ()
E-mail	
Age on Race Day Sex (M or F) _	
Event – Please check one	
5k Race 5k Walk	
T-Shirt Size – Please circle one: S M L	XL
INCOMPLETE OR UNSIGNED FORMS WIL	L NOT BE ACCEPTED.
Liability and Publicity release: Please accept my entry	y in the 2008 Run (or Walk) the Reservoir 5k. I hereby state that I acknowledge
that this is a challenging trail run and I have condition	ned myself to participate in this event. I, for myself, my executors, administrators
and assignees, do hereby release and discharge Unite	ed Water from damages for injuries occasioned by my participation in the 5k
Run (or Walk) the Reservoir. I also authorize the 5k Ru	ın (or Walk) the Reservoir officials to utilize my name, as well as any photographs
and video tape of my participation in the 5k Run (or $\mbox{\sc V}$	Valk) the Reservoir, for any and all purposes. By signing my name below, I hereby
certify that I have read all the terms and conditions o	of this release and do intend to be legally bound thereby.
Signature	Date

Day of Race: 10/25/09

Schedule of Events:

- Registration, bib, check in and shirt pick up: 8:30 am
- 5k Race: 10:00 am
- Post Race Activities: 11:15 am

Location:

United Water 200 Old Hook Road Harrington Park, NJ 07640

Entry Fee:

\$20 before October 20th \$25 after October 20th \$5 students

Please make checks payable to **Hackensack University Medical Center Foundation**

Shirts are guaranteed to all pre-registered, and while they last on race day

Awards:

1st place over-all Male and Female Top finishers Male and Female in age groups

Course:

Fast, challenging, trail run, be careful.

- No strollers
- No loose jewelry
- No earrings

For more information on entering contact Gary Anolik 201-784-7093