

Sunday, June 7th 2009



CHECK IN & RACE DAY REGISTRATION

Follow signs to check-in area.

- 7:00 a.m.**
- Check in/register
 - Pick-up your number, t-shirt, and goodie bag (if pre-registered)

- 8:00 a.m.**
- 5K (3.1 Miles) race begins
 - Awards immediately following
 - Check our website for age groups
 - Post-Race Refreshments

- 10:00 a.m.**
- 1 Mile RUN/WALK begins

- 10:30 a.m.**
- Music/Entertainment
 - Giveaways and Raffles
 - Face Painting/Tattoos
 - Post-Race Refreshments

All races begin and end at the

Joseph St. Lawrence Center/Torne Valley Sports Complex
Course designed and measured by Walter Johnston

Directions: NYS Thruway north - to exit 15A. At bottom of ramp turn right onto RT.17 towards Suffern (Rt. 59). After crossing bridge, turn left onto Torne Valley Road (sharp left, almost U-turn). Follow road to sports complex on left side.

For questions contact Rosy McCann (914) 414-3069



www.reachfoundation.org

5K RUN - 1 MILE FUN RUN - FUN FOR THE WHOLE FAMILY

5K RUN FEES \$20 (for all participants) \$22 after 6/1

1 Mile RUN/WALK FEES \$10 for Adults \$12 after 6/1 \$ 5 for Students



5K RUN 1 Mile FUN RUN/WALK AMOUNT ENCLOSED: \$ _____

(1 entry per person, form may be duplicated)

Name _____ M F

Address _____ email _____

City _____ State _____ Zip _____

Telephone (_____) _____ Age _____ D.O.B. ____/____/____

School _____ Grade _____

Can't make Race? consider a donation FAMILY SPONSORSHIP \$50 or BOOSTER \$25
and see your name on the race day signs _____

T-SHIRT - ALL PREREGISTERED PARTICIPANTS WILL RECEIVE A SHIRT (and goodie bags while supplies last)

Youth: Medium Large

Adult: Small Medium Large X-Large

TO REGISTER BY MAIL :

MAKE CHECKS PAYABLE TO: REACH FOUNDATION
MAIL TO: P.O. BOX 760, TALLMAN, NY 10982

TO REGISTER ONLINE GO TO: www.reachfoundation.org

**All proceeds benefit the
Ramapo Central School District
Teacher Grants and Student Scholarships**



In consideration of this entry being accepted, I hereby for myself, my heirs, executors and administrators, waive any claim that I may have against the sponsors, race committee or their representatives, successors or assignees, Reach Foundation, Ramapo Central School District, Town of Ramapo Parks and Recreation, Town of Ramapo Police Department, Town of Ramapo or their representatives, successors or assigns for any injuries that may be suffered by me in this event. I certify that I am in good physical condition for this event. By participating in the 5K Run, or 1 mile run/Walk I, my executors and administrators or assigns do hereby release and discharge the Reach Foundation, its officers, agents and employees from any liability arising from the use of the participant's photograph(s) and I expressly agree to allow Reach Foundation to use my photograph in connection with any advertisement of this event or any future events of the Reach Foundation without payment of any compensation or remuneration.

Signature _____ Date _____

**PRE-REGISTRATION
DEADLINE:
JUNE 1st**