



Lacey
Township
Municipal

ALLIANCE

5K Run

1 Mile Run & Kiddie Dash
Saturday, August 25th

Registration: 6:30 am 1 Mile Run/Walk 8:00 am
Race 8:30 am (Kiddie Dash following 5K)
at Gille Park, Manchester Ave., Forked River
Proceeds Benefit Substance Abuse Prevention and Education

Entry Fees: 5K Run - \$15 Postmarked by August 18th - \$20 Day of Race - \$10 Scholastic Teams
1 Mile Run - \$10 Kiddie Dash \$2 (10 and under)

Awards: Top Three Males and Females each age category, Top Lacey Resident Male and Female

Cash Prizes: Overall top 3 males and females. (No Duplicates)

Categories: Under 10, 11-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70-79, 80 and over

Course: Scenic, USATF certified 5K course thru Gille Park and along residential roads of Lacey Twp.

Amenities: Custom designed shirts guaranteed to pre-registrants and to post registrants while supplies last, water stops, door prizes.

Directions: Garden State Parkway to exit 74 (Forked River). Turn right onto Lacey Road. Use jug handle before first traffic light to get onto Manchester Ave. Gille Park entrance will be on the left, use second entrance into parking lot. **Online registration at www.RaceForum.com/lacey**

2007 Registration Form

Name: _____

Circle One: 5K Run - 1 Mile Run - Kiddie Dash

Age ____ M/F ____ Shirt Size (circle one) S M L XL

Address: _____

City/State: _____ Zip _____

Telephone _____

Signature (if under 18 - parent/guardian) _____ Date _____

Please make checks payable to: Lacey Twp. Municipal Alliance
Mail application and payment to: P.O. Box 641, Forked River, NJ 08731

I know that running a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I assume all risks associated with running in this event. Having read this waiver and knowing these facts and in consideration of accepting my entry, I and anyone entitled to act on my behalf, waive and release the Township of Lacey, Lacey Municipal Alliance, all race volunteers and all sponsors, their representatives employees and successors from any claims and liabilities of any kind arising out of my participation in this event or carelessness of the persons named in the waiver. Further, I grant to all of the foregoing the right to use any photographs, motion pictures, recordings or any other record of this event for legitimate purposes.

For More Information Contact:

Race Chairman

Mark Principato 609-971-3327

LMAC Coordinator

Heather Scanlon 609-693-8223